



THANKS FOR JOINING THE FAST!

Over the next 14 days we will be taking the time together to draw closer to God. **James 4:8 (NLT)**—“Come close to God, and God will come close to you.” If we do our part, God is waiting eagerly to do His.

Matthew 6:16-18 (NLT)

16 “And **when** you fast, don’t make it obvious, as the hypocrites do, for they try to look miserable and disheveled so people will admire them for their fasting. I tell you the truth, that is the only reward they will ever get. 17 But **when** you fast, comb your hair and wash your face. 18 Then no one will notice that you are fasting, except your Father, who knows what you do in private. And your Father, who sees everything, will reward you.”

The words above are the words of Jesus. It wasn’t a question of whether or not we **would** fast, but rather **when** we fasted, how it should be done.

Fasting is a spiritual discipline that is **accompanied by a time of prayer**. Without prayer, a fast in and of itself is of no spiritual value. During a fast, one abstains from food (or activity) in order to draw closer to God. Fasting is not to get God’s attention; it’s to focus our attention on God. Fasting is a discipline of self-control and of bringing our will under submission.

***A Fasting & Prayer Guide can be downloaded from www.jubileechurch.com/resources.html.**

Set your own realistic goals.

- Fast one meal/day during the 2-week fast.
- Fast daily for only one week of the fast.

Day 1

Reading: 1 Timothy 2:1-2; 2 Chronicles 7:14

Today’s Prayer focus: National & Governmental Leaders

Pray today for our national and governmental officials. Ask God to protect them and turn their hearts toward Him. Pray for the elections being held on November 2. Ask God to remove those who will not serve His purposes and promote those who will.

Thank God that we live in a free country and have a voice in who are leaders are. Ask God to humble our hearts as a nation.

ACTION ITEM: Vote in this Tuesday’s elections.

Day 2

Reading: Acts 2:41-47; Acts 9:31

Today's Prayer focus: Church Development (facilities, expansion, etc.)

Pray that God would provide for the growth we are experiencing in our current location. We are currently awaiting word on a building that could help us grow over the next several years. Ask God to give us favor and open that door if it's His will for us to be there; if not, then ask Him to close that door and lead us to a place where we can have the room to make more disciples.

Ask God to continually develop more leaders in our ministries as they grow.

Pray that God will provide a buyer for our land that we have for sale if that's His will. Ask God to continually develop in people a generous heart as we advance the mission to which He has called us.

ACTION ITEM: Go to our church property on CR 13/Daphne and pray.

Day 3

Reading: Psalm 139:23-24 ; James 4:8

Today's Prayer focus: My Spiritual Life

Begin your time of fasting by reflecting on where you are personally in your relationship with God. First, ask God if there is anyone whom you need to restore a relationship with or give/receive healing for an offense. If so, ask the Father to show you those people and give you the wisdom and courage to make the situation(s) right. Your walk with God cannot progress until you have forgiven those who have offended you, or until you have made things right with those whom you have offended.

Ask the Lord to bring to your attention things in your life that you may be allowing to affect your closeness with Him. Once the Holy Spirit shows you those things, write them down. Confess them to Christ and ask His forgiveness (repent).

ACTION ITEM: Find a prayer partner. Confess these things with a prayer partner (James 5:16). Ask them for support in these areas and to help keep this area of your life accountable.

Day 4

Reading: John 12:25-26

Today's Prayer focus: My Servanthood

- Am I serving the Body of Christ inside my local church?
- Am I serving the Body of Christ outside my local church?
- Do I serve gladly or begrudgingly?
- What are my motives for serving?
- List some areas that interest you and pray about involvement in those areas.

Pray today about where you can serve the body of Christ. If you are a part of Jubilee Church regularly, ask God to place you where you can be most effective in carrying out the vision God has given to our pastor. Pray for a true servant's heart. How can I serve the leadership of Jubilee Church as God directs our mission here?

ACTION ITEM: Ask a spiritual leader where there are openings to serve and begin serving somewhere.

Day 5

Reading: Psalm 29:2; Psalm 100

Today's Prayer focus: My Worship

- Do I make worship a part of my daily life (more than Sunday morning)?
- How can I personally involve myself in worship during celebration times at church?

Pray that God would help you to be free to worship Him as He loves to be worshipped rather than how you like to worship. Ask the Father to show you ways to worship Him outside the corporate "celebration" setting. Worship is a lifestyle and involves more than the 30 minutes of music that leads up to the pastor's message. Ask God to help you worship with your language, your body, your money, your physical resources, your time, your thoughts...the list is endless.

Make a list of your biggest inhibitions to worshipping God openly. Ask Him to give you personal victory over those obstacles so you can give Him the honor He deserves. Pray that God would make your times of worship, whether alone or in a group setting, a very personal encounter with Him.

ACTION ITEM: This weekend, begin to express yourself in worship. Make the words to the songs your personal expressions to God. Don't feel like you have to stick to the words on the screen. Make up your own praises to God during worship.

Day 6

Reading: Matthew 6:1-4; Matthew 6: 19-34

Today's Prayer focus: My Personal Giving

- Do I worship God with my finances?
- Do I worship by giving on a consistent basis?

Jesus spoke about money a lot. He did it for one reason...He knew that man could not serve money and God at the same time. Pray that God will help you understand He is your Provider. Everything we have comes from Him. Thank God for His provision for you and/or your family. If you have not worshipped God in this area of your life, confess it and ask His forgiveness. Pray God will make you a generous person. Honor God by putting Him first in this area of your life. Ask Him to increase your faith that when you place Him first, then He will take care of the other things you need (Matthew 6:33). Pray for wisdom in how you manage your finances.

ACTION ITEM: Begin worshipping God with an offering each time you are blessed with income. Do it regularly and don't stop.

Day 7

Reading: Job 1:10; Psalm 91

Today's Prayer focus: My Immediate Family

Pray today for your immediate family. Pray for those in your family who have not made spiritual decisions to follow Christ. Ask the Holy Spirit to convict their hearts and draw them to Him. Pray that you would be a positive witness to them of God's great love for them.

Pray a spiritual covering of protection over your family. Speak blessings over your children and their future. Pray for the future spouse of your children. Ask God to heal those who are sick. Speak peace to those who are fearful or worried about situations.

Thank God for your family—their gifts, personalities, health, their salvation.

ACTION ITEM: Find a way to spend time with your spouse. Make it special and a time just for the two of you. If you are single, make this a time to be with your children. Make a memory.

Day 8

Reading: 1 Thessalonians 5:12; Hebrews 13:17; 1 Timothy 5:17-19

Today's Prayer focus: Pastors & Spiritual Leaders

- Do I have a healthy respect for pastoral leadership?
- Do I pray for them regularly?

Pray for our pastors and spiritual leaders at Jubilee Church. Ask God to give them spiritual protection over their marriages and integrity. Ask the Father to bless them with His anointing and favor. Pray that He equips them with spiritual gifts and that their lives, families and ministries would bear much spiritual fruit. Pray they would continue to develop humility and never lose their sense of dependency on God and the leading of His Holy Spirit. Ask God to meet their physical and financial needs. Give thanks for the men and women that God has placed in leadership at Jubilee Church.

ACTION ITEM: Find a way to honor your pastors or spiritual leaders this week.

Day 9

Reading: Ephesians 5:21-33; Colossians 3: 18-19

Today's Prayer focus: Marriages Within Our Church

Pray for your marriage and marriages within our church family. Thank God for your spouse. Ask God to protect your family from the assault of the enemy, especially in the areas of division and sexual temptation (both physical and mental). If there is an area of your marriage that frustrates you right now, ask God to heal that part of your marriage AND ask Him how you can help be part of that healing process.

Search your heart to see if there is any way you have hurt your spouse. If so, humbly apologize for it and ask them to forgive you.

Pray this same prayer for other marriages in our church. Many families silently suffer attacks of the enemy. Pray for the success of their marriages, deliverance from addictions, and relational healings.

ACTION ITEM: Call and encourage a family. Provide childcare with the condition that they will use it as a day/night out.

Day 10

Reading: Exodus 15:26; James 5:14-15

Today's Prayer focus: Healing For Those You Know Who Are Physically Ill

- Ask God to heal those you know who have major illnesses or disease.
- Remember, God is our Healer...His name is Jehovah Rapha, "God our Healer".

- How do you feel when God does heal/when He doesn't heal?

Pray today for people you know who are physically ill. Thank God for being our Healer. Confess your faith in Him as our Healer. One of His names is Jehovah Rapha, "God our Healer." Ask God to heal the bodies and minds of those who are sick and help them function as He intended them to. Pray for those who are sick to have a peace over their bodies and minds that God is in control. Thank God for the healings that He is doing. Ask the Father to release a healing anointing upon our church.

ACTION ITEM: Take a meal to someone who is sick or make a home/hospital visit.

Day 11

Reading: Proverbs 27:17; Matthew 5:13-16

Today's Prayer focus: Friends Whom I Can Influence

- List several friends on whom you would like to make a positive impact.
- How can you change some things in your personal life that may positively affect them?
- Do I share (in a non-threatening way) the great things God is doing in my life?

Pray today for friends and family members on whom you can have a positive influence in their lives. Ask the Holy Spirit to help your conversations and actions around these people to point them to Jesus. Pray that they would sense God at work in your life and be drawn to Him. Ask the Holy Spirit to speak to them about their life and convict them of things that obstruct them from coming closer to Him. Pray they would make a decision to repent, accept Christ as their Savior and begin a life that centers around Him. Ask the Holy Spirit to give you opportunities to speak into people's lives and the courage to do it when He opens those doors. Thank Him for using you when He does.

ACTION ITEM: Encourage a friend and invite them to come to church with you.

Day 12

Reading: 1 Corinthians 12:12-27

Today's Prayer focus: Ministries In My Local Church—Youth, Children, Music, Adult Teaching

- Is there a place that I can serve and help meet a need right now?

Pray today for the children and youth of Jubilee Church. Pray that God would use our church to raise up a generation for His Glory that would come to know Him and love Him through the ministries of our church. Pray that God would allow our children and youth to have a world-changing impact because of the faith that they found and developed through this church. Give thanks that God has entrusted us with so many precious children and youth.

Ask God to anoint our teachers and leaders over these ministries; that they would have a true heart for shaping the lives of these students. Pray integrity over these leaders.

Pray for God's anointing over our music leaders, vocalists and musicians. Ask God to make them sensitive to the leading of His Holy Spirit and bless them with a heart of worship.

Pray for the leaders of our adult Life Groups. Ask Jesus to anoint them to teach the Word of God with clarity and simplicity. Pray they would have a pastor's heart for their Life Groups. Thank God for the leaders He has raised up and is continuing to develop in our church.

ACTION ITEM: Encourage/Affirm students whom you see that are active in our ministries and worship. Let them know they are a huge encouragement to you.

Day 13

Reading: Matthew 28:19-20; Acts 1:8

Today's Prayer focus: Foreign Missions

Pray today for our missionaries:

- **Dr. Martin & Wendy Williams** of Healing Hands Global (Honduras) and their children, Samuel and Rachel.
- **Jason & Sarah Furrow** of Give Hope 2 Kids (Honduras). They are very close to having all the official Honduran paperwork completed which will allow them to finally begin housing children at the orphanage. Pray this will be completed without delay.
- **David and Cindy Sharpless** of Instituto el Rey (Honduras), a private Christian school. They are the administrators-in-training. It's their first year and they are in need of financial support as well as our prayers.

Ask God to make these missionaries a light for the people in the Cangrejal Valley and surrounding villages. Pray God's supernatural protection over them. Pray that God would protect them as their lives at times can be placed in harm's way. Ask God to provide for them financially and reward them for their faithfulness in serving Him through missions.

Pray as well for our teams which will be traveling to Honduras to support these missionaries next year. Pray they would have the hearts of servants as they reach out to assist the vision of the missionaries there. Ask God to provide financially for those who must raise their funds for these trips.

ACTION ITEM: Give financially to one of these missionaries or towards someone in our church who is going on a short-term mission trip.

Day 14

Reading: Psalm 5:12; 1 Thessalonians 5:12; Psalm 37:23

Today's Prayer focus: Pastor Rife & Shay Stewart

Pray today for our Pastors, Rife and Shay Stewart. Pray that God would give them continued wisdom, health, encouragement and vision as they lead our church into a new and exciting season of ministry. Ask God to continually anoint and lead our pastors as they grow in the Lord. Pray that God gives them favor in our community. Ask God to protect the sanctity and integrity of their marriage as the enemy brings an onslaught against so many pastoral families in our day and age.

Pray for their provision and protection over their children as they selflessly continue to serve. Give thanks that God has given us such faithful and visionary leaders.

ACTION ITEM: Begin/continue to develop a personal spirit of honor for our leaders.